

Winter October - March 2018 Menu

Week Commencing 30/10/17, 20/11/17, 11/12/17, 15/01/18, 05/02/18, 05/03/18, 26/03/18					
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Oven Baked Sausage	Love Joes Chicken Wrap	Homemade Chicken Curry	Roast Beef Yorkshire Pudding	Oven Baked Battered Fish
Menu B	Oven Baked Fish Fingers	Quorn Curry	Homemade Pizza & Spaghetti Hoops	Cheese Omelette & Spaghetti Hoops	Quorn Nuggetts
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Creamed Potatoes	Rice Naan Bread	Naan Bread, Rice, Jacket Wedges	Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Vegetables	Peas & Carrots	Peas & Sweetcorn	Peas	Freshly Prepared, Cauliflower & Broccoli, Baked Beans	Peas
Desserts	Blueberry Muffin & Custard	Fruit Flapjack & Custard	Fruit Pie/Crumble & Custard	Strawberry Mousse	Iced Sponge & Custard

Week Commencing 06/11/17, 27/11/17, 18/12/17, 22/01/18, 12/02/18, 12/03/18					
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	All Day Breakfast	Homemade Lasagne	Cottage Pie	Chicken Fillet & Stuffing	Oven Baked Battered Fish
Menu B	Homemade Cheese & Potato Pie	Oven Baked Fish Fingers	Homemade Pizza	Cheese Omelette & Spaghetti Hoops	Cheese Pasty
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Warm Crusty Bread	Jacket Wedges, Garlic Bread, Creamed Potatoes	Warm Crusty Bread	Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Vegetables	Tomatoes Baked Beans	Peas	Carrots & Peas Baked Beans	Broccoli & Sweetcorn	Peas
Desserts	Sugar Ring Doughnut	Jam Feather Sponge & Custard	Chocolate Orange Brownie & Custard	Fresh Fruit Salad & Shortcake Finger	Choccy Beet Cake & Custard

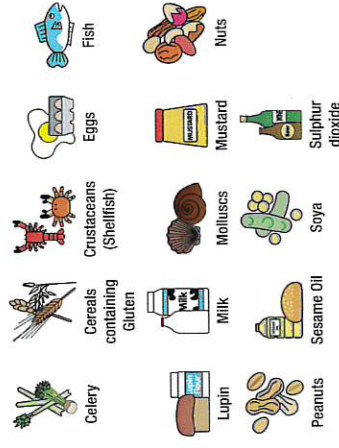
Week Commencing 13/11/17, 04/12/17, 08/01/18, 29/01/18, 26/02/18, 19/03/18					
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Aberdeen Angus Beef Burger & Bun	Homemade Pasta Bolognese	Homemade Chicken Curry	Roast Turkey & Stuffing	Oven Baked Battered Fish
Menu B	Oven Baked Fish Fingers	Quorn Tikka Wrap	Homemade Pizza	Cheese Omelette Spaghetti Hoops	Vegetarian Sausage Roll
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Jacket Wedges Creamed Potatoes	Garlic Bread Jacket Wedges	Rice, Naan Bread, Jacket Wedges	Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Vegetables	Peas & Sweetcorn	Freshly Prepared Carrots	Peas & Sweetcorn	Freshly Prepared Cauliflower & Broccoli	Peas
Desserts	Fruit Topped Waffle	Iced Sponge & Custard	Chocolate Cracknell & Custard	Fruit Sponge & Custard	Magic Chocolate Sponge

Our Menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.



Some of our menu items contain allergens, including: Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.

Peanuts and Nuts are also classed as allergens but these are not used on our menu.

For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.

Freshly prepared salad and bread basket every day!

Pasta & Sauce (Vegetarian) every day!

Alternative Desserts available every day: Fresh Fruit Salad, Yoghurt, Cheese & Biscuits Water is available every day

