

Menu

Summer May – October 2017

Week 1	Week Commencing 05/06/17, 26/06/17, 17/07/17, 11/09/17, 02/10/17				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Meat Balls in Tomato & Basil Sauce	Butter Chicken Curry	All Day Breakfast	Roast Turkey & Stuffing	Oven Baked Battered Fish
Menu B	Oven Baked Fish Fingers	Homemade Cheese Pizza	Pasta Bake	Cheese Omelette & Spaghetti Hoops	Vegetarian Sausage Roll
Menu C	Jacket Potato & Filling	Pasta	Jacket Potato & Filling	Pasta	Jacket Potato & Filling
Starch	Pasta Creamed Potatoes	Rice & Naan Bread Jacket Wedges	Hash Brown Waffles	Roast Potatoes Creamed Potatoes	Chips
Vegetables	Freshly Prepared Carrots & Peas	Peas Baked Beans	Tomatoes, Baked Beans, Sweetcorn & Peas	Fresh Prepared Carrots & Broccoli	Peas
Desserts	Sugar Ring Doughnut	Fruit Salad & Shortcake Finger	Rice Pudding	Fruit Salad & Ice Cream	Sticky Chocolate Pudding

Week 2	Week Commencing 12/06/17, 03/07/17, 24/07/17, 18/09/17, 09/10/17				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Oven Baked Sausage	Chicken Wrap	Homemade Beef Lasagne	Roast Beef & Yorkshire Pudding	Oven Baked Battered Fish
Menu B	Homemade Cheese & Potato Pie	Oven Baked Fish Fingers	Quorn Curry	Cheese Omelette & Spaghetti Hoops	Homemade Ham & Pineapple Pizza
Menu C	Jacket Potato & Filling	Pasta	Jacket Potato & Filling	Pasta	Jacket Potato & Filling
Starch	Creamed Potatoes	Jacket Wedges Creamed Potatoes	Garlic Bread Naan Bread & Rice	Roast Potatoes Creamed Potatoes	Chips
Vegetables	Peas & Sweetcorn Baked Beans	Freshly Prepared Carrots & Peas	Freshly Prepared Coleslaw	Freshly Prepared Carrots & Broccoli	Peas
Desserts	Fruit Salad & Ice Cream	Flapjack & Custard	Iced Lemon Sponge & Custard	Fruit Salad & Jelly	Chocolate Cracknell & Custard

Week 3	Week Commencing 19/06/17, 10/07/17, 04/09/17, 25/09/17, 16/10/17				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Homemade Chicken Wrap	Homemade Beef Bolognese	Aberdeen Angus Burger in a Bun	Chicken Fillet & Stuffing	Oven Baked Battered Fish
Menu B	Vegetarian Balls in Tomato & Basil Sauce	Oven Baked Fish Fingers	Homemade Pizza	Quorn Curry	Cheese Omelette & Spaghetti Hoops
Menu C	Jacket Potato & Filling	Pasta	Jacket Potato & Filling	Pasta	Jacket Potato & Filling
Starch	Noodles Pasta	Creamed Potatoes Garlic Bread	Jacket Wedges	Roast Potatoes Creamed Potatoes, Rice	Chips
Vegetables	Chopped Mixed Peppers Sweetcorn	Freshly Prepared Carrots	Coleslaw Baked Beans	Broccoli & Carrots	Peas Sweetcorn
Desserts	Blueberry Muffin & Custard	Fruit Salad & Ice Cream	Apple Sponge & Custard	Fruit Salad & Mousse	Jam Tart & Custard

Alternative Desserts available every day:
Fresh Fruit Salad, Yoghurt, Cheese & Biscuits
Water is available every day



Pasta and Jacket Potato available every day

Freshly prepared salad and bread basket every day!

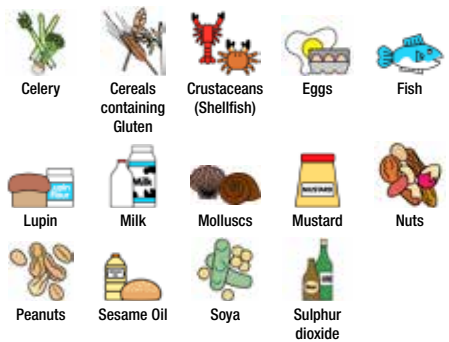


our menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.



Some of our menu items contain allergens, including: **Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.**

Peanuts and Nuts are also classed as allergens but these are not used on our menu.

For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.